



Consignes :

1. L'usage de la calculatrice programmable est formellement interdit.
2. Tout gadget électronique (Tél., tablette, iPad, montre intelligente) est formellement interdit dans la salle d'examen.
3. Le silence est obligatoire dans la salle, il crée de meilleures conditions de travail.

Durée de l'épreuve : 2 heures

The Importance of Sport for The Children's Health

Sport helps children to develop both physically and mentally. Physical activity should be part of our daily life. Practicing any kind of sport from an early age helps children in many ways, for example, group activities improve interaction and social integration. It also improves the mental level and promotes a healthy lifestyle in adulthood, as the habits we acquire as children are often to stay. Sports have multiple healthy benefits. If we talk on a psychological or personality level, sports activities (especially those done in groups) help children to strengthen their social self-esteem, and allow them to understand the importance of having and respecting the rules.

Another aspect to consider is what type of sport or activity will suit best the child considering his/her conditions and abilities. A more timid and shy child is likely to get better at a sport where she/he has to relate to peers. To a more active one, an individual sport such as tennis can help better develop her/his ability to concentrate. One of the perhaps most relevant issues is the importance of physical exercise, not only in children but also in young and old people, because moderate daily physical exercise helps prevent overweight and obesity. Taking into account the growth of the percentage of children and young people with obesity and overweight in the Western world, the inclusion of sport in the family routine becomes almost mandatory.

Sport can also have the power to help us rest. For all those fathers and mothers of active children, try to get them to run every day playing soccer, or swimming or any other activity that keeps them physically active. They will fall asleep in bed in a matter of seconds and you, dads and moms, too.

Adapted from: <http://www.oblumi.com/blog/the-importance-of-sport-for-the-children-s-health/>

I. Compétence Interprétative (30 pts.)

A. Read the text carefully, then answer the following questions about it. (20 pts.)

1. State the psychological benefits of doing sports activities as mentioned in the text.
2. Why does the inclusion of sport become compulsory in the family routine?
3. Which sport can help to develop concentration skills?
4. How can parents get their children to stay physically active?
5. What do group activities help to improve?

II. Summarize the text in five complete sentences (10 pts.)

II. Compétence linguistique (30 pts.)

**A. Choose the right pronoun to complete the sentences below. (10 pts.)
(whichever, whoever, however, whatever, wherever)**

1. Sit down.....you like.
2. You can invite..... you want – It's your party
3. Keep cool and calm, stupid things he says
4. Keep cool and calm stupid life can be
5. There are two dictionaries in the cupboard. Borrow.....one you want.

B. Write the correct form of the verbs in parentheses (10 pts.)

1. Did you remember _____ your swimsuit for the vacation? (pack)
2. Could you please stop _____ I'm not deaf (shout)
3. To know you is _____ you (love)
4. I would rather _____ at home (stay, not)
5. He's afraid of _____ by plane (go)

C. Match the right expression in column A to its meaning in column B (10 pts.)

A	B
1.- Very cold	a.- colossal
2.- Very slim	b.- depressed
3.- Very tired	c.- delighted
4.- very huge	d- crucial
5.- Very small	e.- freezing
6.- Very important	f- extraordinary
7.- Very happy	g.- skinny
8.- very intelligent	h.- exhausted
9.- very impressive	i.- tiny
10.- very sad	j.- genius

III. Compétence Pragmatique et Interpersonnelle (20pts.)

Problem-solving situation

You are at a birthday party and you have waited in line for a long time for your turn to reach the serving table. It is finally going to be your turn but suddenly you have to go to the bathroom. The line is still longer. What could you do?

Write a short paragraph to tell about what you would do.

IV. Compétence discursive et argumentative (20 pts.)

Choose one of the two given topics and write a twelve-line paragraph about it.

1. What do you think should be done to improve the football game in Haiti?
2. Nowadays, young people are wearing any clothes for any occasions. Do you think it is decent? Why or why not?

END OF EXAMINATION ...